



**The Federation of  
Hackbridge Primary School and Spencer Nursery School**

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21<sup>st</sup> October 2021

### **Year 5 and 6 Puberty lessons**

Dear Year 5 and 6 parents and carers,

This year we have reorganised our PSHE lessons and our Year 5 and 6 puberty talks will now be in the week after half term (week beginning 1<sup>st</sup> November).

As you will know, since September 2020, Health Education - including teaching children about changes that will occur to their bodies during puberty - is now statutory. All children will receive these lessons and parents are no longer able to withdraw their child.

The Year 5 and 6 lessons will be taught in separate boy and girl groups, but the content of the lessons will be identical, i.e., children will learn about the changes that occur during puberty for both sexes. There will be lots of opportunities for the children to ask questions and they will be able to view sanitary products.

The lesson will not include learning about sexual intercourse, as this is currently not part of the statutory curriculum.

Our lessons closely follow the government guidance for content and we use well-established resources to teach these topics to an age-appropriate level. Our teachers have been trained to deliver lessons on sensitive topics and are confident in supporting your children in lessons and managing any unexpected questions.

Should you have any questions, please contact your child's class teacher in the first instance.

Kind regards,

Miss Adnyana

Senior Leader for Health, Behaviour and Well-being