



**The Federation of  
Hackbridge Primary School and Spencer Nursery School**

Headteacher: Mrs E Walford  
Deputy Headteacher: Miss N Robins



Hackbridge Primary School  
Hackbridge Road  
Wallington  
Surrey  
SM6 7AX

Telephone: 020 8647 7974  
Fax: 020 8669 3762

Website: [www.hackbridgeprimary.sutton.sch.uk](http://www.hackbridgeprimary.sutton.sch.uk)  
Email: [office@hackbridgeprimary.sutton.sch.uk](mailto:office@hackbridgeprimary.sutton.sch.uk)



Hackbridge Primary School  
London Road  
Mitcham  
Surrey  
CR4 4HS

Telephone: 020 8647 7974  
Fax: 020 8669 3762

Website: [www.hackbridgeprimary.sutton.sch.uk](http://www.hackbridgeprimary.sutton.sch.uk)  
Email: [office@hackbridgeprimary.sutton.sch.uk](mailto:office@hackbridgeprimary.sutton.sch.uk)

20 September 2021

Dear Parent/Carer



As part of our PSED we have been discussing the NSPCC's PANTS rules in our PSHE lessons.

During these discussions we will aim to teach our children the following important safety skills without giving explicit information or telling scary stories. We will be teaching our pupils the [NSPCC's Underwear Rule](#), using the 'PANTS' acronym, which is like a green cross code for staying safe from sexual abuse. PANTS stands for:

- **P**rivates are private.
- **A**lways remember your body belongs to you.
- **N**o means no.
- **T**alk about secrets that upset you.
- **S**peak up, someone can help.

The lessons will introduce a range of ideas, all delivered in a way that's fully age-appropriate, empowering pupils without using any frightening words. These include:

- good and bad touching
- your child's right to say no to things that make them feel upset or uncomfortable
- naming parts of the body
- who your child can turn to if they ever feel upset or worried.

In class we also watch and sing along to the Pantosaurus song:

<https://www.youtube.com/watch?v=SzbMEVYiyg>

If you would like to know more about the NSPCC's campaign and learn how you can help keep your children safe in partnership with our school, more information can be found at [nspcc.org.uk/pants](http://nspcc.org.uk/pants). If you have any questions or concerns please don't hesitate to get in touch.

Yours sincerely,  
Mrs Edmonds-Chappell  
Designated Safeguarding Lead & Assistant Headteacher